



One of the ways Sequoia Personnel helps working people is to assist qualifying employees in signing up for CalFresh – California’s supplemental nutrition program.

CalFresh:

- Helps you stretch your food budget
- Comes as an Electronic Benefit Transfer (EBT) card
- Works at local farmers markets
- Is easier to to apply for than you think

To confidentially check on your eligibility call **Michael Kraft** at **445.9641** or to apply directly online, go to **c4yourself.com**.



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CalFresh Eligibility Chart

If your household size and income are within these guidelines, you may qualify.

Household Size	1	2	3	4	5	6	More Members
Gross Monthly Income	\$1,980	\$2,670	\$3,360	\$4,050	\$4,740	\$5,430	Add \$694

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